

STOP.SLOW DOWN

A little message from the RED healthy MEME with a mix of some other stages

There are a few things that you need to do
and know
before

YOU

read this resume Not just skim through it

This resume is only meant for a select few

IT IS BOLD

it is edgy

It is meant to test YOU and me

It is as much my filter for you as it is a filter for you to decide if YOU want to interview me
If your first reaction is to set this resume aside and go on to the next one.

PLEASE

Take a deep breath Relax

Be aware of your thoughts and judgements

RIGHT NOW

you need to let go of what you think a resume should look like or should be

This resume is not a zombie resume

it is not cold and quantitative

it is about depth

not just span

If you do not have the time to sit with this resume and

think+feel

your

reactions to it for at least

15 minutes per judgement

Don't read it. Set it aside. Wait till you have some time

It is not meant to be looked at with a glance

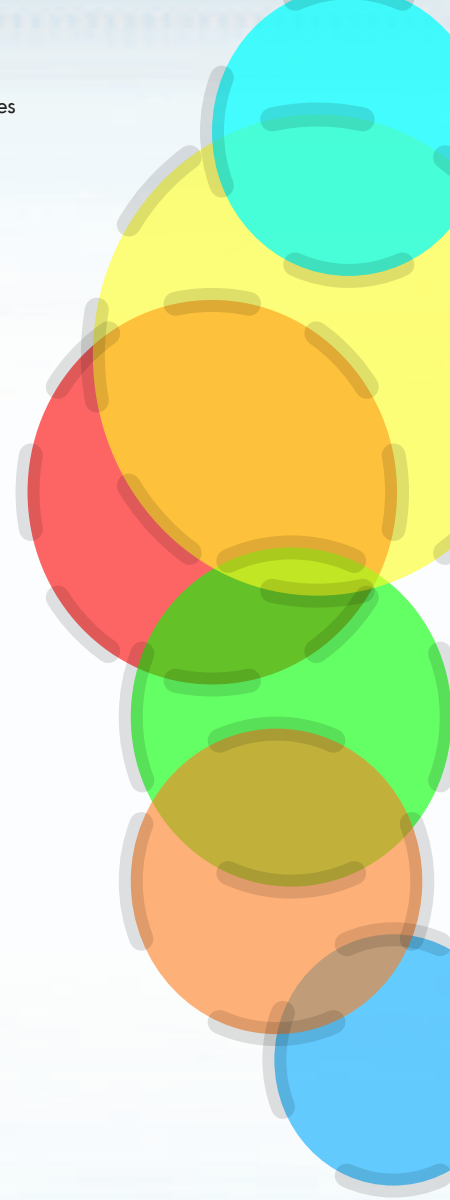
It is meant for those that think a resume should go beyond the typical resume

If none of the above gets your attention then

PLEASE THANK YOU

for your time

contact me give me some advice let me know what I need to do to help you want me to work for you



Integral+Conscious Business+Working for GOOD > Resume The Cover Letter

"I refuse to be enslaved by a single perspective." - Timothy "Speed" Lebowitz

I'm sure you can already see that this is not your typical resume. Please excuse the length of this resume. hehe. It's hard to put a large amount of ones major life experience and consciousness into a resume. I use Integral and Spiral Dynamics lingo throughout this resumes as it is meant for those that are familiar.

The process that I have gone through to create this and the things that I have been working on to get to this point have been a journey of the spirit, mind, and body. This resume is a blend of the traditional social and cultural concepts of what people expect out of a resume, plus what I think a resume should also include. However, it is mostly what I think a Yellow resume should be. A resume should not just be simple generic statements, school qualifications, and how much money someone has made for a company. A resume should have love and passion spilled into it. That love and passion should come across to the reader. They should feel it. It should be fun and not dry. Should have spirit, personality, and energy. A resume should be a form of Dharma transmission. You should get a piece of my consciousness from this. Truly know who you are going to hire. In ways that a typical resume does not manifest. The reader should be tested to break their minds open and see things from a different perspective. That is why I put the little hart down there. Hope you can feel it. Now of course if you disagree with all of this then well. That solves that problem. You don't want me to work for you and I don't want to work for you.

Ultimately a resume should have more about what drives a person. Deeply. The real reasons why a person wants to work for or with the company and or the individuals they are applying to. Why they want to work with the people involved with that particular company. Too many people are not doing what they love. I believe this is one reason why a majority of people that do have jobs are truly unhappy. Also I think this is one of the reasons why a whole lot of people don't have jobs. People are simply unhappy. People are waking up and not aware of it. People should be working for the love of their work and also be able to make a living doing that work.

Too many people are in survival mode even while they are making a living. I do not want to survive. I want to love the work that I'm doing. I want to put that love and energy into supporting the people, companies, and organizations that have inspired me. The ones that are doing GOOD work in the world. I'm a realist and an optimist. I know that what I'm doing with this resume might hurt the potential for getting a job with you or your company. However I feel that I must take the risk. In some ways I feel that this resume will filter out the people that I don't want to work for.

Let me also get one thing straight. I do want to go back to school. However money and time are an issue. Most people tell me to get a loan or get financial aid. Recently I realized that I want to make sure that the ones who invest in my education don't just get their money back but get a ROI that goes beyond the monetary realm. The return should also include my love and appreciation through working directly with the people that have invested in my education. This includes making sure the company gets not only a financial return on the work that I do but also a return in mind, spirit, and body. I love to lift up my work environment. Find ways to connect my coworkers passions to the work they do.

I have done the research on you and your company. Scoured your web site. I have dug into your blogs and studied your brand, identity, and the image that this company presents to the world. I have looked into your upper management and company culture. Your company seems to have a spirit that is aligned with mine. I want to work for you and your company on whatever level that matches my skills and passions. My hope is that you will be able to look beyond my lack of academic education, see my passion, will to learn, support, and help do the things that are making the world a better place.

If you don't hire me, that's ok, I understand most of the variables of taking on a new employee. Could be many reasons, most likely not personal. Just want you to know that you and your company are the ones that are loosing a unique opportunity. If you do hire me. You will get one of the most dynamic, open, willing to learn, faithful, employees that you have ever met. Oh, just a warning. Even though I'm very good at understanding and working with people from many paths, I will speak my mind and I am just a little bit crazy. Yet you probably get that by reading this. My use of Turquoise throughout this document is not to state that I'm entirely at that stage. Only that I aspire to BE. While knowing that is much like trying to find the Tao. It IS the journey that IS.

If there are any positions available that meet both of our needs, I want to know about them. I want one. Hey if anything thanks for getting this far. Cheers.
Jarrad Connor - p.s. If I don't get the job I welcome any advice.

Eleven Years of Design + Print + Internet Experience & Work

Graphics

FireWorks
Illustrator
Photoshop

Print Layout

Illustrator
InDesign
Acrobat Pro

Web Graphics

FireWorks
Photoshop

Web Development

Dreamweaver + CSS

Other

Microsoft Office
Google Docs

OS

Windows
Mac OS

6 Years of

Independently studying and practicing Integral Theory + Conscious Business + Spiral Dynamics to the best of my ability's

My Life Purpose & What I want to Do

I want to work for The GOOD

My mission and purpose in life is to work for, with, support, and encourage, those that are making a difference on a universal scale anyway that I can.

I want to make a living while at the same time making a difference on this planet.

I would like to be involved with helping others find ways to not only make a living doing what they love but find a way to tie their passions into things that are working for GOOD.

If that mean just designing the buttons for your web site then so be it. If that means learning every dimension, internal and external, of the business to assist in creating an operational guide book that injects consciousness in the daily operations then so be it.



Who am I? A Lover + Fighter + Connector

I am witness and evolutionary energy trying find ways support and add good stuff to the universe.

I am a highly passionate, creative, spiritual, and intelligent human being. I love learning. Real deep learning. Not the kind that just gets me past a test.

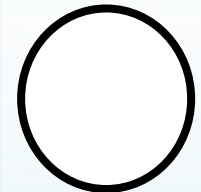
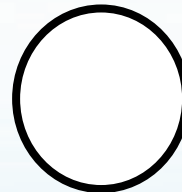
I am always looking for and finding positive connections between people, companies, organizations, and things. I love to connect and share. Anything that inspires or that has the potential to help others move from one stage to the next.

I truly enjoy putting people and things together that are aligned with similar passions. I enjoy speaking with people and finding out what they are passionate about.

One of the main things that I like to study is why people do what they do, why I do what I do. Why companies do what they do. Then find ways to make those more healthy.

I study the consciousness within myself and try to understand the perspectives of others always looking for new answers knowing that I will never find all of them.

This ALL includes finding ways to tie everything into positive endeavors with a return on investment whether it be monetary, spiritual, or physical or preferably ALL.



Just some work History. I've got more.

Third-Power 1999-Current

Graphic Design Print+Web Consulting + Much More

Hinko's/FedExHinko's/FedExOffice 2000-2011

Document Creation Specialist + Project Manager + Senior Retail Consultant

Some Experiences. Work and More.

■ Design and More

Design is something that I have been doing for years. Seeing and understanding how things connect, and how they can all work together are what I've been doing for most of my life. At different level. Third-Power started off as an ideology, then became a company, Third Power Design, then went back to an ideology. Now. I'm integrating AQAL. Just not as a company. That's in the future.

Third-Power to me is way of life and being. A conscious thought that combines thinking and doing. Always looking for the connections. Always looking for all the variables new, now, and old. Opening to the connection between everything and the energy which drives us. A conscious thought that is aware of the negative but focuses on the positive and finding ways to create the positive. This way influences everything that I do. For print, web, and more. I've learned everything that I know from the pure passion of wanting to understand things, people, myself, and the want to create something positive. I believe that I can learn something from any individual. I live and design from the heart and the mind.

When I work with someone I understand that I am a conduit for that persons vision. I find a way to understand their ideas and passions. Then translate those and manifest them into the various forms of media. Balancing realistic vision, budget, time, technical issues, and the limitations of all the above for each project.

The process. Well it's Integral. More about that you say. Well your just going to have to ask me or hire me. I will admit one thing. I'm still developing it.

■ Computers and the Internet

I have been working with computers for both print and web, both PC and Mac, for the past 12-13 years. I have a natural proficiency with computers the web and the thought process behind how all of these are connected. Understanding how they are used from multiple perspectives. This has all been learned thought direct experience of teaching myself which makes me the ultimate developmental conscious user because I've had to use trial and error to learn computers and the internet. I know what it is like to not have a clue what I'm doing and I know what it is like to be an advanced user at the same time.

■ Senior Retail Consultant Project Manager Document Creation Specialist

In the unique retail/production environment that was Kinko's and is now FedexOffice.

I had the opportunity to be witness to major shifts in culture and priorities in a large company from an integral perspective. From a "low level" employee perspective. You could say from a being just a number in a big system view. Please understand I say that with no conviction. Using Spiral Dynamics I basically watched (Green) Kinko's go from a relativistic-personalistic—communitarian/egalitarian to a multiplistic-achieivist scientific/strategic (Orange) FedexOffice culture. Bits of both healthy and unhealthy.

During my time with Kinkos/FedexOffice in a unique back to back retail/production environment I consulted with customers from the start of their projects and regularly to meet their needs and deadlines. I oversaw the process of tracking orders and coordinating with machine operators to meet quality standards. While taking orders and consulting with multiple different types of customers I helped resolve difficulties with work flow issues, processed digital files, online orders, and offline orders. This includes organizing and trouble shooting documents from various applications and platforms for print production.

Worked with a strange variety of customers from all walks of life to design and layout various documents for print. Created flyers, brochures, business cards, posters, signs, business forms, and more.

■ Consciousness. Grok.

The wiki on Grok is pretty good. My best guess. The ability to reflect and connect ones own perspectives and take others objectively and with reason without prejudice. Yes each stage has its own consciousness. The exiting phase of each would be the peak of consciousness for each. Check out my site and blog for more.

■ Integral Theory

When I first started learning what Integral was. I was aware of and looking for bullshit. My first introduction to Integral was the amazing audio interview with Ken Wilber by Tami Simon of Sounds True. Of course the title turned me off a little. Kosmic is a word that seems to be used by strange people. There is also the word Holon. Weird word. However I let go of my ego and reactive judgment. I listened. I was fascinated but not yet sold. Even after listening. One of the first questions that came to mind. Who is this Ken Wilber guy? Check out my site and blog for more. So I signed up to Integral Naked. Cant say that I'm sold now. Can say that I believe. Not unconditional belief or faith. A belief based on objective research and the type of people involved with Integral. Check out my site and blog for more.

■ Conscious Business

I have read, watched, listened to most of Fred Kofman's work. Including most of the articles on the Axialent web site and other related people and sites. I attempted to practice conscious business in a mostly BLUE/ORANGE business environment. I was learning and still am. For a long time I beat myself up quite a bit for not having the skillful means to use Spiral Dynamics and Conscious Business within the work environment that I was in. I kept running into obstacles that I just could not get around. I finally realized one of the key lessons taught by these. Recognizing Open and Closed people and situations. Who knows maybe if I was more experienced and if I had the skills of some of the top people within the Conscious Business development community I might have been able to change things. However I have come to believe that to change a companies or an organizations consciousness it has to be done at all levels. From the Top down. From the employees at the "lowest" level to the Board. Check out my web site an..... I'm sure You get the message.

Consciousness and more Almost done. Been
www.third-power.com focused on this resume.

More about all of the above at my web site and blog go check them out. Please. They just might tell you to hire me. haha. They just might convince you to hire me.

Graphic Design for Print and Web

- **Truline Productions** Thin Blue Flame - Film
Logo + Web + Print + Promotion + Production + Volunteer
- **Combat Athlete Charities**
Combat Athletes for Nova Friburgo
Logo + Poster + Volunteer
- **Diamondback Renovations**
Logo + Web + Print + Site Design + Maintenance
- **Women's Adventure Race**
Web + Logo + Print + Promotion + Volunteer
- **RELEASE San Francisco** Martel Toler & Nabel Musleh
Flyers for various top international DJ's for major events in San Francisco.
BT - Paul Van Dyk - Felix Da House Cat - Lazy Dog - Dfuse - Anthony Pappa - Mark Lewis - Danny Howles
- **Kamal Shalorus UFC Fighter and Arete Training Center**
Logo + Web + Print + Social Media + Site Design + Maintenance + Volunteer
- **Benefit Jam for Chase Gouin**
Flatland BMX Pioneer
Flyer + Poster + Print + Volunteer
- **Austin Fit Magazine**
2000-2002
Site Design + Maintenance
- **Veritas Group**
Flyer
- **Stuart Davis**
Flyer + Volunteer
- **Still Point Aikido**
Print + Flyers + Magazine Ad
- **Atomic Dance Factory**
Site Design + Maintenance + Logo + Web + Print

■ **Raw and Desperate**
Web + Print + Promotion + Volunteer
A local Austin grass roots arts
& non-profit cause alliance.

Pandora's Box
Event at
Enchanted Forest

4 Months of Planning
1 Burlesque Troupe
4 Bands
2 Fire Dancing Troupes
1 Acrobatic Troupe
4 Artists

800-900 Guests Attended

Konkrete Jungle
Fashion Show
Thrift shop fashion show.

Designed the program for the show. The
show included 17
models, 3 bands, and stage design. A ben-
efit for Ecology Action.

200 Guests Attended

Art for Humanity
Outdoors arts market
and music event.

2 Bands + 20 artists.

A benefit for
Inside Books Project

50 Guests Attended

From the I to the WE to the IT and IT's

The BEAUTIFUL + The GOOD + The TRUE

Gross + Subtle + Causal
Experienced ALL of these states. Been somewhat aware of them.

TYPES

Masculine + Feminine + Whatever in between
Male + Female + Whatever in between

I've read and practiced much of David Deda's books and audio work. I'm Male and Masculine with the awareness of my Feminine side. ha.

My Intentional

Love + Passion + Thought + Witness = Are what I am and can't see unless I find a way to manifest IT and IT's. I'm finding ways to manifest the witness. Shadow + Have accepted what I'm aware of. Read + Practice + Worked through "Dark Side of the Light Chasers"

Nan Yar = Major breakthrough meditating and realizing that I was attached to the books that I've read and own and the people that I associate myself with including the integral stuff and people. Took a few years off and then came back to everything with rationality and objective passion. Still feel+think I have a more work to do on other stuff.

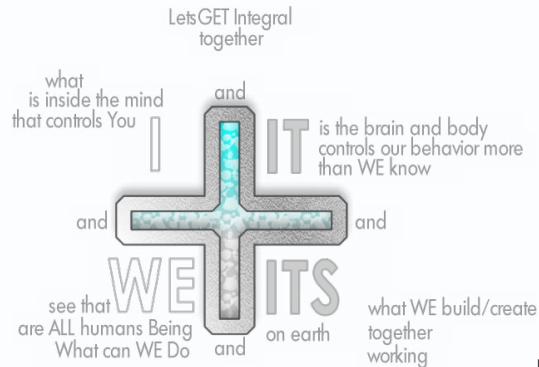
My Cultural

I kind of agree with some of the perspectives of the 99%. However because of the influence in studying and practicing conscious business I and some of my friends do not believe that all big businesses are contributing to the current financial and social issues. WE see that there are some people, companies, organizations, that are changing things. WE believe in supporting those.

My most undeveloped level is mathematical, grammar, spelling. These are some that I remain consciously ignorant. My focus is design and thought. Stages are the tricky one. Don't want to go through all of them too deeply. This resume is getting to be too much info anyways. Starting to lose balance. So I'm just going to make a bold statement. I have experienced all the levels doing various physical/nonphysical/non-dual meditative exercises/practices. I've seen God/Universe/Spirit in the dirty smelly bum on the bus. Said Hi. I've been Spirit/God/Universe..... stuck... can't explain. Guess that's appropriate. You just gotta have to trust me on that one. I feel that I'm mostly in Yellow. Most of the time. I think you can tell that I've got some solid healthy Red (I'm fan of MMA. But I see a hidden cross-cultural evolution in MMA. Long story. I'm writing about it.) and Orange floating around that. Once in a while I'm able to dip into Turquoise. I'm not totally Green. Believe that people should be helped if they can be. Mix of Yellow/Orange/green.

Don't know where my Blue and Purple went. Might be hiding. I guess if you hire me I will be healthy blue for you and your company.

I'm sure that in the wrong situation unhealthy Beige could take over.



My Behavioral

I've created this resume with my brain and body. I've put lots of keystrokes into my computer. My back hurts because of all the work that I've done on the computer. Time to stretch and breathe. Going for a walk now. Oh. I'm outside and it's getting cold. Starting to shiver a little while typing this but I've got some hot coffee which is affecting my body temp and neuro-chemistry.

My Social

I don't have a job. Don't have very much money. I'm on unemployment. I really don't know enough to understand what happened with the financial crash in the US and the world economy. I've started to watch the videos related to this on the Khan Academy web site. I would like to work for a company that is developing the world social situation.